

NATURE THERAPY ELRII-351

outputs and results

Outputs

3 nature therapy training courses (animal-assisted therapy, phytotherapy, hydrotherapy, etc) **for 18 social workers** organized in Daugavpils (Latvia) and Pskov (Russia)

2 international 7-days summer camps "Back to Nature" organized for 64 children of large and one-parent families in Daugavpils and Pskov regions. Different **nature therapy courses** for each child: reittherapy, canistherapy, phytotherapy, sand therap provided by professionals

9 social sites became more accessible for local inhabitants, children with special needs and visitors:

- Children House Shelter "Priedite" (Latvia): modern sloping was constructed;
- Social Care Day Centre for persons with mental disabilities in Daugavpils (Latvia): wheelchair ramp constructed;
- 2 outdoor playgrounds for children with special needs in Dagda and Vecdome (Latvia);
- Day center of Livani Social Department and Family Support Center in Ilūkste (Latvia): the premises were reconstructed and equipped for social rehabilitation;
- Beljsko-Ustjensk children house in Porhovo and Bobrovsk children house in Pechory (Russia): rooms for the nature therapy training were reconstructed and equipped;
- Center for Curative Pedagogy and Differential Learning in Pskov (Russia): sensory garden for children with special needs was created.

1 e-exhibition "You and Me - Friends Forever" of drawings made by children and animals/pets created and distributed via 7 partners' websites, YouTube, other mass media

56 press releases and **articles** published in local media and local web sites; **2 informative e-leaflets** "Touching nature" (in RUS and LV); **2 educational photo-video** materials on Nature therapy (in LAT and RUS)

7 project profiles elaborated and published in each partner website

















RESULTS

Theoretical and practical experience of 18 social workers from Latvia and Russia improved to use innovative methods of nature therapy in daily work with children

Strengthened professional and personal networks between LV and RU social workers

Children of large and one-parent families, children with special needs **discovered nature** accompanied by animals, got new interests, rehabilitation.

Raised awareness on nature therapy as a unique rehabilitation method was improved both for individuals (parents) and professionals

Social environment accessibility for children with special needs and social risk groups ensured

Thematic digital materials about nature therapy methods are widely available for local and regional audience to raise awareness about the healing effects of nature - physical, psychological and social factors of positive effects on the human organism





